



Downtown Campus



CATERING MENU



the lazy gourmet

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ABOUT US



About The Lazy Gourmet

Founded by Susan Mendelson in Vancouver in 1979, The Lazy Gourmet has staked its claim as one of the Western Canada's premier catering and event planning companies. In its more than four decades as an leader in the food and beverage industry, The Lazy Gourmet has helped private and corporate clients create memorable experiences via menus that showcase locally sourced ingredients and West Coast flavours served with a signature sense of hospitality by a seasoned family of service professionals. In 2022, The Lazy Gourmet joined the family at Compass Group Canada, the nation's leading food service provider.

Sustainability

Sustainability is one of the main pillars in our philosophy. It is something we have proudly embraced since we founded our company 45 years ago. We're excited to see that our new parent company Compass Group Canada shares that same commitment.

As a member of Compass Group Canada we are proud to continue this commitment, making an impact on sustainability on a national and global scale. Recognising the importance of collective action in achieving net zero objectives and reducing food waste, The Lazy Gourmet is committed to supporting collective programs which are creating positive change in the food system that promote well-being for people and planet.

[Learn More](#)



CATERING ARRANGEMENTS

How to Order

All catering arrangements are subject to the policies of BCIT Downtown Campus. Please contact your BCIT contact to place your catering order,

Compostable service items and/or necessary food service equipment are included. China service is available at an additional charge per service.



Order Deadlines & Catering Guarantees

Our Event Planner will require your preliminary order 2 weeks before the event. Final details are due at 12:00pm on the Tuesday of the week prior to your event.

Don't see something you like? Please contact your event planner, so that we can provide a custom menu.

Payment

All associated catering costs will be added to the final BCIT invoice.

All payments will be made directly to BCIT.

All in One Pricing

All prices listed are inclusive of delivery and service fee. All pricing applies to weekday catering Monday to Friday. Weekend service minimum is \$500 or may be available on request for smaller orders.

Cancellation Policy

Decreases in guest count and all other changes are due at 12:00 pm on the Tuesday of the week prior to your event. 100% Cancellation fee will be charged after this time. All cancellations must be in writing to the attention of BCIT Downtown Campus events team.

Allergy Policy



The Lazy Gourmet can accommodate special dietary requests pertaining to allergies or cultural restrictions. Kindly be aware that items marked 🌾 (made without gluten), 🌱 (Vegetarian), 🥬 (Vegan), 🥛 (made without milk) and 🥜 (made without nuts) on the menu are prepared with ingredients that fit these indicators. However, we cannot guarantee their absolute freedom from cross-contamination in our kitchen.



CURRENT FRESH SHEET

Valid January – May 2025






MUFFINS

- Blueberry Oat  
- Orange Cranberry  
- Red Velvet  
- Blackberry Lemon Thyme  



SCONES

- Apple Caramel  
- Lemon Ginger Cardamon  
- Triple Berry  
- Cheddar Parmesan Black Pepper  

SQUARES

- Blueberry Frangipane 
- Cappuccino Nanaimo  
- Raspberry Cheesecake  

SANDWICHES/WRAPS

- Italian Fennel Beef
braised fennel beef with giardiniera dijon aioli, arugula and banana peppers on baguette
- Chipotle Chicken and Feta Wrap
chipotle chicken with feta dressing, pickled onions, avocado, romaine and cilantro wrapped in a flour tortilla
- Spiced Sweet Potato Wrap 
spiced sweet potato with spinach, corn, green onions, roasted red peppers and a tahini za'atar dressing in a red tortilla
- Curried Tofu Wrap 
curried marinated tofu with romaine, purple cabbage, celery and red pepper tossed with a curry lime dressing, all wrapped in a tortilla wrap



BEVERAGES



BEVERAGES

À LA CARTE

Fair Trade Canada Certified Coffee and Tea	\$3.6
<i>Milano coffee and a variety of herbal and regular tea which will include a Fair Trade Certified option, decaf available. milk, cream, sugars and oat milk are included with coffee service. minimum 10 cups.</i>	
Assorted Cold Beverages	\$3.6
<i>assorted soft drinks, Perrier sparkling water, San Pellegrino fruit drinks</i>	
Add Honey to Any Service or Hot Water with Lemon	\$6
Water Station	\$20
<i>a water station can be added to any service. 1.5 cups per person up to 100 people</i>	
Assorted Juices	\$3.6

SPECIALTY BEVERAGES

priced per serving

Hot Chocolate	\$4
<i>minimum 10</i>	
Fresh Squeezed Juice	\$6
<i>8oz glass. minimum 10 glasses</i>	
Orange or Grapefruit	


BREAKFAST



BREAKFAST


À LA CARTE

priced per item.

Assorted Muffins, Scones and Croissants  \$4.5
with whipped butter and house-made preserves. minimum 6

Assorted Bagels   \$4.5
served with cream cheese. minimum 6

Assorted Coffee Cake Slices  \$3.5
Chef's Choice. minimum 6

Assorted Pastries 
minimum 6 per type

Croissants \$4.5

Pain-Au-Chocolat \$5



Cinnamon Buns \$4.75

Cinnamon Twists \$4.5

Fruit Danish \$5

Banana Bread Slice \$3.5

Stuffed Mini Croissants, Ham & Cheddar or Tomato, Asiago & Pesto \$4.5

Vegan Bagels, Muffins, Coffee Cake Slices (Chef's Selections, minimum 6)   \$5.5

Savoury Danishes \$5.75
minimum 6 per type

Spinach Tomato Feta, Bacon Onion Provolone, Potato Sausage Boursin

Granola Bars  *not Celiac   \$5
made with seeds, nuts, oats, and honey. minimum of 6

Hard Boiled Eggs   \$6
whole egg, sliced in half. minimum 6

Deviled Eggs     \$43
per dozen. minimum 3 dozen

Truffle or Prosciutto Crisp & Chives

BREAKFAST



FRUIT & YOGURT

Fresh Fruit Kebabs     \$7.75

Mini Fruit Kebabs     \$5.25

Assorted Greek Yogurt     125ml \$4.75

West Coast Parfait 

minimum of 6

layered yogurt, house-made granola and seasonal berry compote

Mini (3oz) \$5

Regular (6oz) \$9.5

Vegan Coconut Berry Quinoa Parfait (3oz) \$5.75

minimum of 6  *not Celiac  


Sun-Ripened Fresh Fruit Presentation    

garnished with seedless grapes and seasonal berries

Small (serves 10) \$54

Medium (serves 20) \$96

Large (serves 30) \$144

Whole Fruit     \$3.25

Fresh Fruit Salad     \$5.5 per cup
minimum 6

Overnight Oats \$12
mason jars

BREAKFAST PLATTERS

priced per platter

Lazy Gourmet Bakery Platter 

a variety of Muffins, Scones, Pain au Chocolat, Sweet Danish (custard and raspberry), Lemon Loaf Slices

Small (28 pieces) \$102

Medium (39 pieces) \$144

Large (54 pieces) \$198

Lazy Gourmet Savory Platter 

Savoury Danish (Potato, Sausage, Caramelized Onion and Bacon), Spinach and Feta Swirls, Butter Croissants, Cinnamon Sour Cream Coffee Cake Slices, Savoury Scone

Small (28 pieces) \$102

Medium (39 pieces) \$144

Large (54 pieces) \$198

BREAKFAST

HOT À LA CARTE

priced per item

Breakfast Wraps \$13

minimum 6 per type

served with salsa

Scrambled eggs, ham, and cheese 🍳🥓🧀

Scrambled eggs, cheese and spinach 🍳🧀🌿

Breakfast Sandwich \$10.75

minimum 6 per type. served in foil bags

served on English muffin

Egg, Cheddar Cheese and Tomato 🍳🧀🍅🌿

Egg, Bacon and Cheddar Cheese 🍳🥓🧀

Egg, Crispy Kale, Squash and Parmesan Sauce 🍳🥬🍲🌿

Egg, Grandfather Ham, Cheddar and Tomato Aioli 🍳🥓🧀🍅

Vegan Breakfast Sandwich \$12

with beyond meat patty, lettuce, tomato,

Vegan mayo on pretzel bun

minimum 6

Breakfast Bagel \$11.25

minimum 6 per type. served in foil bags

Egg, Cheddar Cheese and Tomato 🍳🧀🍅🌿

Egg, Bacon and Cheddar Cheese 🍳🥓🧀

Frittata \$11.25

minimum 6 per type

Mediterranean Frittata 🍳🥒🍅🌿

peppers, tomatoes, olives

Sausage Frittata 🍳🥓

peppers, tomatoes, olives



BREAKFAST

COLD BREAKFAST BUFFETS

priced per person

The Continental \$16.5

House-Baked Muffins, Scones and Croissants 🌱
(1.5 pastries per person)

House-Made Fruit Preserves, Marmalade and Whipped Butter 🌱

Fresh Fruit Platter 🌱🌱🌱🌱

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

The Fitness Instructor \$20

Granola Bars 🌱*not Celiac 🌱🌱

(1 piece per person)

Fruit Skewers 🌱🌱🌱🌱

Greek Yogurt 🌱

Juice and San Pellegrino

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request







BREAKFAST















HOT BREAKFAST BUFFETS

priced per person
















The Jetsetter \$25
minimum 10

Belgian Waffles served with Maple Syrup, Berry Compote and Whipped Cream 
Choice of Bacon or Sausage (3 pieces)   
Pitchers of Apple and Orange Juice
Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

Downtown \$28
minimum 10

Mediterranean Frittata   
Focaccia Points   
Hashbrown Cubes    
Fresh Fruit Platter    
Pitchers of Apple and Orange Juice
Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

First Class \$32
minimum 10

Scrambled Eggs with Chives   
Bacon   
Hashbrown Cubes    
Broiled Tomatoes   
Freshly Baked Muffins, Scones and Croissants 
House-Made Fruit Preserves 
Pitchers of Apple and Orange Juice
Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with coffee service. decaf coffee available upon request

BREAKS

BREAKS

DAYTIME BREAKS

priced per person. minimum order of 6.

Cambridge Break \$7.75

Gourmet Cookies 🌱

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with
coffee service. decaf coffee available upon request

Dartmouth Break \$13

Gourmet Cookies 🌱

Mini Fruit Salad Bites 🌱 🌱 🌱 🌱

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with
coffee service. decaf coffee available upon request

Princeton Break \$13

Assorted Local and Import Cheeses with Fresh
Berries, Dried Fruits and Nuts 🌱
served with baguette and crackers

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with
coffee service. decaf coffee available upon request

Columbia Break \$12

Individual Crudit  and Hummus Cups 🌱 🌱 🌱 🌱

Root Vegetables Chips and Assorted Dips 🌱 🌱

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with
coffee service. decaf coffee available upon request



BREAKS

BREAKOUT PACKAGES

priced per person. minimum order of 6.

Northwestern Break \$17

Assorted Mezze  

marinated olives, dolmades, falafel balls,
spicy tahini dip, artichoke dip,
flatbread with oven-dried tomatoes and spinach

Strawberry Basil Lemonade

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with
coffee service. decaf coffee available upon request

NYU Break \$18

Popcorn Bar  

truffle and rock salt, classic butter and
sriracha lemon

Kettle Chips  

House-Made Fruit Gelées    

House-Made Chocolate Almond Bark  

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with
coffee service. decaf coffee available upon request

Brown Break \$13

Edamame with Chili Rock Salt   

Coconut Bliss Balls   

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with
coffee service. decaf coffee available upon request

Vegan Break \$13.5

Vegan Salted Chocolate and Rosemary Cookies    

Pesto Hummus and Rice Crackers    

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with coffee
service. decaf coffee available upon request

Fair Trade Break \$16.5

this break includes Fair Trade Canada Certified items such
as:

Banana Bread 

Chocolate Caramel Brownie Bites 

Fair Trade Organic Coffee and Tea
milk, cream, sugars and oat milk are included with coffee
service. decaf coffee available upon request

West Coast Break \$16

prepared in house by The Lazy Gourmet.
minimum 20 guests

Smoked Salmon Flatbread with Lemon, Dill
and Red Onion 

Cinnamon Sugar Fried Bannock Bread 


Saskatoonberry Tarts 

Fair Trade Tea


À LA CARTE

minimum 10 cups per order. 1 cup serves 2 people on average. please contact your event planner for appropriate
serving sizes for your group

Popcorn \$6 per cup/ \$8 per bag (1.5 cups)

Butter 

Sriracha Lemon Popcorn 

Truffle and Rock Salt 

Chips  

\$5 per cup

Pretzels  

\$5 per cup

Peanut Butter Protein Balls  

\$3 each

minimum 12

BREAKS

PLATTERS

all platters come in one size and serve up to 30 guests unless otherwise indicated. serving sizes vary based on the full assortment of offerings on your order.

Cheese and Charcuterie

with local and European cheese, local salamis and cured meats, honey, mixed nuts, olives, gherkins, red pepper jelly, house made ciabatta and foccacia

Small (serves 10)	\$174
Medium (serves 20)	\$210
Large (serves 30)	\$270

Cheese Platter

European and domestic cheeses

Medium	\$132
Large	\$180

Platter of Asian

Marinated BC Albacore Tuna with Korean chili sauce

\$270

Vegetable Platter

with dips

Small (serves 10)	\$54
Medium (serves 20)	\$96
Large (serves 30)	\$162

Satay Platter

\$310

honey mustard chicken, Korean BBQ beef, herbed lemon prawns and spicy cilantro aioli

Plant Based Asian Vegetable Platter

\$260

Szechwan eggplant, sambal green beans, smashed cucumber, togarashi edamame, sweet soy cauliflower bites, crispy salt & pepper tofu, papadams and sesame cashew dip

Sun-Ripened Fresh Fruit Presentation

garnished with seedless grapes and seasonal berries

Small (serves 10)	\$54
Medium (serves 20)	\$96
Large (serves 30)	\$144

LUNCH



LUNCH

SANDWICHES AND WRAPS À LA CARTE

a selection of rotating Fresh Sheet sandwiches and wraps is available, please check with your event planner for the current selection


30% Vegetarian will be provided unless otherwise requested
priced per item.

all sandwiches can be made gluten free by using our gluten free buns. all sandwiches can be made dairy free upon request.

Assorted Sandwiches **\$13**




minimum 6 per type, unless ordering an assortment

Order an assortment or choose from the selections below:



Grandfather Ham and Swiss 
ham, swiss, lettuce, tomato, grainy dijon aioli


Smoked Turkey  
turkey, apricot chutney, lettuce, tomato,
caramelized onion aioli

Classic Roast Beef 
roast beef, red onions, jalapeño harvarti, lettuce,
tomato, smooth dijon aioli

Mediterranean Chickpea   
smoke paprika hummus, red peppers, yellow peppers,
zucchini, lettuce, tomato, cucumbers, olives

Free Range Egg Salad  
egg, mayonnaise, green onion, lettuce, cucumbers


Tuna Dill Cucumber Salad  
tuna, dill, mayonnaise, lettuce, cucumbers

Canadian Italian 
mortadella, prosciutto, salami, provolone, dijon mustard,
sun-dried tomato aioli, lettuce, tomato




Assorted Wraps **\$13**


minimum 6 per type, unless ordering an assortment

Order an assortment (minimum 6), or choose from the selections below:

Crispy Chicken Caesar Wrap 
chicken tender, romaine, bacon, caesar dressing,
parmesan, wrapped in a tortilla

Buffalo Chicken Wrap 
buffalo chicken, romaine, celery, red onions,
crispy fried onions, ranch, spinach tortilla

Smoked Eggplant Wrap   
house made eggplant dip, spinach, chickpeas,
red pepper, yellow pepper, zucchini

Spicy Beef and Pineapple Wrap 
chipotle beef, bell peppers, romaine,
grilled pineapple salsa and a lime aioli

ADDITIONAL STAFFING COSTS

Event Lead	\$48 per hour*
Server/Bartender	\$40 per hour*
Chef	\$45 per hour*
*minimum 4 hours. a service charge of 22% applies to service staff	

LUNCH

SANDWICH BUFFETS

Executive Lunch

per person. can be ordered with sandwiches, wraps, or a selection of both

1 sandwich or wrap per person \$22

1.5 sandwiches or wraps per person \$28

all sandwiches can be made gluten free by using our gluten free bread

all sandwiches can be made dairy free upon request

30% Vegetarian will be provided unless otherwise requested

Includes:

Fresh Fruit Platter    

Selection of Dessert Bars

The Corporate Express \$22.5

per person. can be ordered with sandwiches, wraps, or a selection of both

Selection of Sandwiches and Wraps

House Mixed Greens Salad OR Classic Caesar Salad

Triple Chocolate Chunk Cookies

all sandwiches can be made gluten free by using our gluten free bread

all sandwiches can be made dairy free upon request



30% Vegetarian will be provided unless otherwise requested








PACIFIC RIM LUNCH

Individually Packaged \$31
per person. minimum 6 per type

Choice of:

1) Chicken Gado Gado  
on Indonesian noodles with coconut peanut sauce, green salad, crab salad* and orange slices

2) Maple Glazed Salmon  
encrusted with sesame and topped with blackberry port sauce on noodles with green salad, crab salad* and orange slices

3) Tofu Gado Gado   
on Indonesian noodles with coconut peanut sauce with green salad, spinach gomaes and orange slices


*crab salad includes gluten

LUNCH



ENTRÉE SALADS

priced per person. minimum 6 per type. all entrée salads can be made gluten free or dairy free upon request. each salad is served in a compostable bowl with a recyclable lid

Mixed Greens Salad with BC Chicken    \$25
with lemon herb vinaigrette

Vegetarian Salad  \$23
portobello mushrooms, spinach, and Swiss cheese with roasted garlic vinaigrette and focaccia bread



Chicken Caesar Salad  \$25
caesar salad with house-made croutons with grilled chicken and focaccia bread




Lemongrass Grilled Chicken Breast Salad   \$25
with spicy peanut sauce, on a bed of mixed greens




POWER BOWLS

priced per person. minimum 6 per type. each bowl is served in a compostable bowl with a recyclable lid

Falafel Bowl   \$25
falafel with spinach, pickled beets, roasted carrots, house-made lebaneh, couscous and spicy zataar citrus vinaigrette

Buffalo Cauliflower Bowl    \$25
avocado crema, pickled onions, tomato and cucumber salsa, rice, coleslaw base with mustard sauce

Hawaiian Chicken Bowl   \$25
grilled pineapple, sautéed spinach, edamame and onions served over sushi rice with sriracha aioli

Tuna Poke Bowl  \$25
with tuna, avocado, dried seaweed flakes, crispy wontons, sesame seeds and house poke sauce

SOUP

8oz serving. minimum 6 orders per type


Tomato Basil    \$8
with garlic croutons

Wild Mushroom    \$8
with herbed croutons

Butternut Squash    \$8

Mama's Chicken Vegetable    \$8
with wild rice

Carrot Ginger    \$8



Thai Chicken    \$10

LUNCH

LUNCH BUFFETS

priced per person. minimum order of 6. please select only **ONE package per event**. If you prefer this boxed, please add \$3.

Mexican Vacation \$34.5
Served buffet style

Romaine with Chopped Tomatoes and Avocado  
served with crispy tortillas with lime dressing

Charred Corn and Bean Salad   
with creamy chipotle dressing (0.5 cups per person)

Taco Shells
3 per person

Build Your Own Taco Bar

Battered White Fish  

Ancho Pork   

Pulled Jackfruit   

served with red cabbage, cilantro, sliced jalapeños, tomatoes, lettuce   , Queso Fresco  , Pico de Gallo   , avocado mousse  , and chipotle cream  

Cinnamon Sugar Churros  

Chicken Cacciatore \$28
Served buffet style

Chicken with Grilled Vegetables  
served over buttered egg noodles

1 per person

Arugula and Romaine Salad
grape tomatoes, red onions, cucumbers, focaccia croutons with a basil apple cider vinaigrette

Roasted Eggplant   

Buttered Egg Noodles  

Build Your Own Bao \$26
Served buffet style

Kale and Broccoli Salad   

with goji berries, toasted sesame seed, miso caesar dressing

Crispy Five Spice Chicken  
3 per person

Crispy Tofu   



Cucumbers, Green Onions and Pickled Veggies
with a variety of sauces

Vegetarian Gyoza   
soy ginger dipping sauce

Chicken Shawarma \$26
Served buffet style







Mixed Greens Salad   

tomatoes, onions, banana peppers and a lemon garlic tahini dressing

Marinated and Grilled Shawarma Chicken  
1 per person

Saffron Basmati Rice   

Za'atar Spiced Roasted Cauliflower and Eggplant



  
tahini sauce and toum (garlic sauce)   




LUNCH



LUNCH BUFFETS

priced per person. minimum order of 6. please select only **ONE package per event**. If you prefer this boxed, please add \$3.

Pad Thai Lunch \$25
Served buffet style

Mixed Greens  
with Asian vegetables, crisp wontons, and cilantro ginger dressing

Tofu  or Chicken Pad Thai  
must choose in advance. minimum of 6 per type
*contains eggs

Spring Rolls  
2 per person

Pasta Lunch \$25
Served buffet style



Caesar Salad 



Braised Short Rib or Spinach and Ricotta Cannelloni 

Garlic Bread
1 per person

Shanghai Noodle Box \$25
Served buffet style


Sweet Soy and Ginger Marinated Flank Steak with vegetables and Shanghai noodles  

Spring Rolls  
2 per person

Mixed Greens  
with Asian vegetables, crisp wontons, and cilantro ginger dressing

Peri Peri \$30
Served buffet style



Rainbow Slaw with Mango, Toasted Coconut Flakes, Lime Cilantro Vinaigrette    








Roasted Peri Peri Chicken Breast   
1 per person

Spicy Roasted Baby Potatoes    

Grilled Eggplant, Peppers & Olives    

The Greek \$34.5
choose chicken, beef or falafel. minimum 6 per type

Greek Salad   
with feta, tomatoes, olives, cucumber and romaine

Chicken  , Beef   
or Falafel Skewers    
3 per person

Greek Rice    

Lemon Roasted Potatoes
1 per person

Pita Bread, Hummus     & Tzatziki    
1 per person

BUILD YOUR OWN CORPORATE HOT BUFFET LUNCH



Main + Side OR Salad: \$27




Salad + Main + Side : \$33




Add Dessert: \$5



priced per guest. minimum 20 guests per order




Choose one SALADS

Baby Spinach Salad  
with grilled peaches, candied walnuts, blue cheese and our summer peach dressing

Kale Panzanella Salad   
with red onion, tomato, belgian endive, kale, parsley and peppers with pitas and a red wine vinaigrette



Green Salad   
corn, strawberries, cherry tomatoes, spring herb dressing




Classic Caesar Salad  
with housemade croutons



Greek Salad   
cucumbers, peppers, tomatoes, red onion, black olives, feta, Greek dressing

House Mixed Greens   
with cherry tomatoes, cucumbers and balsamic vinaigrette

Choose one MAINS

Tuscan Beef Short Rib  
with UBC Farm mashed potatoes

AAA Seared Flat Iron Steak   
with cherry tomato confit and chimichurri served over UBC Farm smashed potatoes



Soy Shallot Marinated Chicken Breast  
with brown butter mushrooms served over herb roasted potatoes




Roasted Chicken  
with gremolata and mashed potatoes



Sweet Chili Chicken   
with gremolata served over jasmine rice

Teriyaki Wild BC Salmon  

over black forbidden rice

Miso Glazed BC Cod   
with a jalapeño and pineapple salsa and coconut rice

Roasted Cauliflower Steak   
with quinoa and kale ragout



Panko Crusted Aubergine  
with braised red cabbage and cocoa vegetable ragout

Artisan Ravioli 
filled with butternut squash in beurre blanc with crushed hazelnuts

Choose one SIDES



Garlic Soy Bok Choy

Roasted Broccolini   

Green Beans  
with Japanese sesame dressing served at room temperature

Grilled Vegetable   

grilled red and yellow peppers, eggplant, zucchini, portobello mushrooms and fresh fennel served with a splash of aged balsamic

Herb Roasted Seasonal Vegetables   

Add-on DESSERT

Selection of Dessert Bites
mini cupcakes, mini tarts, macarons, cake bites, squares & bars



RECEPTION

RECEPTION: À LA CARTE

PLATTERS

all platters come in one size and serve up to 30 guests unless otherwise indicated. serving sizes vary based on the full assortment of offerings on your order.

Plant Based Asian \$264

Vegetable Platter

Szechwan eggplant, sambal green beans, smashed cucumber, togarashi edamame, sweet soy cauliflower bites, crispy salt & pepper tofu, papadams and sesame cashew dip

Satay Platter \$312

honey mustard chicken, Korean BBQ beef, herbed lemon prawns and spicy cilantro aioli

Vegan Tapas Platter \$264

roasted heirloom carrots, roasted zucchini, roasted peppers, blistered tomatoes, vegan cheese, cashew dip, walnut pesto, grapes, nuts and dried fruit

Charcuterie Board

a selection of nastrano salami, mortadella, Tuscan chicken apple sausage, soppressata, prosciutto, grandfather ham, genoa salami, duck rillette

accompanied by mustard, caper berries, pickles, mixed olives

Small (serves 10) \$150

Medium (serves 20) \$174

Large (serves 30) \$252

Cheese and Charcuterie

with local and European cheese, local salamis and cured meats, mixed nuts, olives, gherkins, red pepper jelly, honey served with house-made ciabatta and focaccia

Small (serves 10) \$174

Medium (serves 20) \$210

Large (serves 30) \$270

Premium Cheese Platter \$270

selection of Five Benton Brothers' procured artisan cheeses with garnish

European and Domestic Cheese Platter

served with crackers

Small (serves 10) \$90

Medium (serves 20) \$144

Large (serves 30) \$222

Root Vegetable Chip Platter \$144

beet, yam, taro root and potato chips, served with a caramelized onion dip

West Coast Seafood Platter \$420

with candied salmon, garlic prawns, seared BC albacore tuna and scallops

Harvest Platter \$195

with roasted heirloom carrots, cinnamon roasted yams, garlic roasted mushrooms, roasted artichoke & red peppers, pesto bocconcini, castevello olives, squash feta dip, beet hummus, charred green onion yogurt dip

served with house-made ciabatta and focaccia

Maple Planked Salmon \$132

Assorted Smoked Salmon Platter \$312

RECEPTION: À LA CARTE

CANAPÉS

\$43 per dozen, minimum 3 dozen.

Some items will require a Chef and may require service staff

COLD

Cuban Sliders 



with Swiss, dijon mustard and sweet pepper garnish

Wild Mushroom and White Bean   

with truffle caviar on crostini

Roasted Apple Tart  

with brûlée brie and mission fig

Chicken Saltibocca Lolly  

prosciutto wrapped chicken, sage and white wine marinade

Nori Wrapped Teriyaki Salmon  

with horseradish crème fraîche, yuzu pearls

Tuna Poke Cup  

with radish, green onions, sesame and sprouts

Burrata and Prosciutto Flatbread 

roasted apple, reduced balsamic

Red and Yellow Beet Carpaccio 

cucumber dill yogurt, arugula, pretzel bread

Coriander-Rubbed Albacore Tuna   

roasted red pepper, house spices, sunflower seeds, pomegranate seeds, muhammara dip

Mini Croissant Sandwiches 

grilled vegetables & Boursin

New York Steak au Poivre   

on rosemary skewer

Harissa Cauliflower Toast   

Tiger Prawn Brioche Toast

with sun-dried tomato jam, garnished with chives,

Caviar-topped Charred Asparagus Tips

with asparagus mousse on a brioche crisp

HOT

One Bite Short Rib Gougère 

braised beef short rib in French cheese puff

One-Bite BC Albacore Tuna Slider  

with butter lettuce and light wasabi mayo

Brussel Lollipops 

toasted pecans, barrel aged maple syrup

Wild Mushroom Risotto Ball  

on white wine truffle cream sauce

Vegetable Gyoza   




with soy ginger dipping sauce

Brie and Roasted Apple Grilled Cheese Sandwich  

with salted caramel butter

Spring Roll   

with spicy plum dipping sauce

Mini Samosas   

with fruit chutney

Lemongrass Thai Chicken Skewer  

with sweet cucumber chili dipping sauce

Steak-Wrapped Frites

Korean Fried Chicken Skewers  

Crispy Chicken Parmesan Bite

fried chicken with spicy tomato jam on a parmesan crisp, garnished with a basil chip

ADDITIONAL STAFFING COSTS

Event Lead \$48 per hour*

Server/Bartender \$40 per hour*

Chef \$45 per hour*

*minimum 4 hours. a service charge of 22% applies to service staff

CHEF'S STATIONS, BARS, AND CULINARY ACTIVATIONS

Elevate your signature event or happy hour with a touch of culinary artistry. Our team collaborates with you to craft a bespoke dining experience that will captivate your guests.

POPULAR CHEF STATIONS

Torched Aburi Chef Station

Experience the artistry of aburi-style sushi, expertly torched to perfection before your eyes.

Pan Fried Gnocchi Chef Station

Indulge in pillowy gnocchi, pan-fried and served fresh in a Parmesan wheel

Custom Chocolate Bar Painting Chef Station

Unleash your inner artist with a customizable chocolate bar station, where guests can design their own sweet masterpieces.

Slider Bar

Savor a variety of gourmet sliders, each crafted with unique and delectable ingredients.

Build Your Own Taco Bar

Delight in the freedom to create your perfect taco with an array of fresh, flavorful fillings and toppings.

Bao Bar

Enjoy fluffy steamed bao buns filled with an assortment of mouthwatering choices.



Details






Our Chef Stations, Bars, and Activations are priced per person and may require additional staffing. Please inquire with your Lazy Gourmet Event Planner for detailed pricing and customization options.





















DESSERT



DESSERT

priced per dozen






A Selection of Seasonal Biscotti 	\$36
minimum 2 dozen	
A Selection of Seasonal Dessert Bars 	\$36
minimum 2 dozen	
A Selection of Seasonal Cookies 	\$36
minimum 2 dozen	
A Selection of Seasonal Cupcakes 	\$57
minimum 2 dozen	
A Selection of Seasonal Mini Cupcakes 	\$43
minimum 2 dozen	
A Selection of Seasonal Macarons  	\$43
minimum 2 dozen	
Mini Tarts 	\$43
lemon, chocolate satin, key lime meringue, Creamsicle, or Jack Daniels	
minimum 2 dozen per type	

Assorted House-Made Truffles  	\$38
truffles made from Belgian chocolate	
minimum 2 dozen	
Cheesecake Bites   	\$57
dipped in dark, milk, or white chocolate	
minimum 2 dozen per type	
Vegan Mini Cupcake   	\$28
minimum 2 dozen per type	
Vegan Chocolate Avocado Mousse	\$36
in 3oz shot glass    	
Mini Fresh Fruit Kabobs    	\$5.25 each
Seasonal Fruit Salad Buffet	\$7 per guest
priced per person. minimum 10    	
An assortment of 4-5 different fruits or berries arranged in bowls. Your guests get to pick and choose which ones they wish to add to their dessert plate.	



DESSERT

WHOLE CELEBRATION CAKES

	7"	9"	8x12"	12x16"	16x24"
Carrot Cake 	\$48	\$72	\$120	\$180	\$255
Nigella's Double Fudge Chocolate  	\$54	\$78	\$138	\$240	\$305
Flourless Hazelnut Fudge Torte  	\$54	\$78			
Chocolate Mousse Meringue  	\$54	\$96			
Traditional Black Forest Cake  		\$138			
People Served	6-8	9-14	18+	40+	80+

Cake Cutting Fee \$1.80 per person

ADD-ON

Basic Writing with Icing

\$12

PIES

Fresh Baked Pies
7" pies. serves 6-8

Apple Pie  	\$48
Raspberry Rhubarb  	\$54
Cherry  	\$54



the Lazy Gourmet