“BCIT is dedicated to promoting a safe and healthy work and learning environment for employees and students while representing the Institute on International and Domestic Travel.”

**DID YOU KNOW?**

BCIT works with [International SOS](https://www.internationalsos.com) as an insurer for employees, to provide medical assistance and evacuation on an emergency basis. International SOS provides additional information services pertaining to threat levels, travel advisories, country facts, travel tips and criminal activity on countries of origin. This service is available to all employees of BCIT while representing the Institute on international business.

Upon receipt of Request for Approval to Travel form (FIN23), Security and Emergency Management Department (SSEM) conducts a risk assessment on the travel based upon the most current data from around the world. SSEM will then provide information to the employee regarding the location of travel, track global incidents, and contact the employee should there be incidents of concern in the areas being travelled.

The Request for Approval to Travel form is available on [The Loop](http://www.bcit.ca/safetyandsecurity/travel). Employee should be responsible in completing a Request form, and obtaining the approval and signature of their manager prior to submitting it to SSEM. You can submit the form to our office by email or in person.

Please visit our website for more information at [bcit.ca/safetyandsecurity/travel](http://bcit.ca/safetyandsecurity/travel).

**WHY HEALTH & SAFETY NEWSLETTER?**

Health and Safety is a priority at BCIT. OHS newsletters contain monthly first aid statistics, compliance concerns, and updates of new legislation and interest articles.
Travel Health Kit

It is essential to carry a basic travel health kit when you are travelling. On its website, Government of Canada recommends that a good travel health kit must contain sufficient supplies to prevent illness, handle minor injuries and illnesses, and manage pre-existing medical conditions for longer than the duration of your trip.

Basic first aid items when traveling:

- Adhesive bandages (multiple sizes) and adhesive tape
- Alcohol-based hand sanitizer
- Antiseptic wound cleanser (for example, alcohol or iodine pads)
- Blister pads or moleskin
- Disposable latex or vinyl gloves
- Gauze
- Packets of oral rehydration salts
- Safety pins and scissors
- Tensor bandages for sprains
- Thermometer
- Tweezers for removing ticks, splinters etc.

For more travelling tips, visit Government of Canada website.

October 2017 First Aid Summary Report

The chart indicates the number of injuries from each person type (Student, Employee, Contractor), and the proportion of injuries for each school.

To view the most recent first aid report CLICK HERE