

OHS Newsletter

British Columbia Institute of Technology

OCTOBER 2020, Issue 1020

https://www.bcit.ca/safetyandsecurity/safety/ohs_newsletters.shtml

For COVID-19 updates, refer to [Breaking News](#).

For more information, contact covidinfo@bcit.ca

Get Your Flu Shot

Why should I get my flu shot?

Influenza – or the flu – spreads very easily, and can cause serious complications or death in vulnerable people. You can spread influenza for 24 hours before you have any symptoms, so you can pass the flu on to your family and friends before you even know you are sick.

Canada's National Advisory Committee on Immunization recommends that everyone 6 months of age and older should get a yearly influenza vaccination with rare exceptions.

The most effective way to prevent the spread of influenza is by getting a flu shot and washing your hands regularly.

When should I get my flu shot?

Flu season is generally from around the beginning of December to the end of March. For best protection and to stop the spread of flu, get the flu shot each year and ideally in the late fall. By doing this, you're protecting yourself and your loved ones from flu each season.

Where can I get my flu shot?

Book an appointment with your family doctor, local pharmacist, or public health influenza clinics. Check the BC Flu Clinic Locator for clinic locations and times.

With COVID-19, many communities are setting up larger influenza vaccine clinics. Your family doctor or pharmacist may have more information on these as they are set up.

Who can get a FREE seasonal flu shot?

The influenza vaccine is provided for free for the groups found at this link.

For more information about the flu shot refer to Immunize BC

BCIT First Aid: firstaid@bcit.ca

BCIT OHS: ssemohs@bcit.ca

WHY HEALTH & SAFETY NEWSLETTER?

Health and Safety is a priority at BCIT. OHS newsletters contain first aid statistics, compliance concerns, and updates of new legislation and interest articles.



Introducing BCIT’s Health and Safety Incident Reporting and Information System (IRIS)

Safety, Security, and Emergency Management (SSEM) recently launched IRIS, a new health and safety incident reporting and data management system for BCIT employees.

Go to BCIT SSEM website: <https://www.bcit.ca/safety-security/> and you will find the IRIS icon! Click on IRIS icon to access.

You can also bookmark the IRIS link to your browser (Chrome is preferred): <https://ohs.bcit.ca/mycority/#/home>

Student Reporting

All injuries, no matter how minor it is, must be reported to First Aid and student incident reports are entered into this system through [First Aid](#).

Unsafe condition/act must be reported to an instructor (who will complete the IRIS Unsafe Condition/Act Report on their behalf) or by using the [SafetyWise app](#).



Employee First Aid Incidents: Quarterly statistics – Q1 to Q3, 2020

