HSE Division Preferred Equipment Guide

The equipment listed below is intended to provide options to configure a computer workstation that will fit the specific needs of an individual and are not a requirement or a solution for every employee. This list does not replace the recommendations that could be made after an ergonomics assessment.

Product	Description	Information
Chairs		
Allseating - You and You Too BCIT Standard	Standard BCIT Chair (Existing Spaces) ✓ Seat pan: 20.25"w x 18.5"d (medium) with other size options. ✓ Seat slider ✓ Multi-Functional Arm ✓ Deluxe Tilt J-Bar	BCIT Purchasing
Herman Miller – Versus BCIT Standard – New Capital Projects	Standard BCIT Chair (New Capital Projects) ✓ Chair height: 39.3" – 43.3" ✓ Chair width: 26.3 – 28" ✓ Seat height: 17.1" – 21.2" ✓ Seat width: 19.6" ✓ Seat depth: 15.5 – 18.3" ✓ Arm height: 7.6" – 11.4" ✓ Synchronized Tilt with Tilt Limiter provides balanced motion through a range of posture changes.	BCIT Purchasing
Height Adjustable Keyboard and Mouse Trays		
Houdini and PU27 Keyboard Tray (Combo)	The Houdini pulls out far enough to work in a corner, but still retracts fully on a short, 17 ¾" track. PU27 is a thin, phenolic board 27″ across with a mouse guard (left or right). Curved edges make this ideal for corner or rounded workstations. ✓ Height adjustment: Up 3", down 5", total height adjustment of 8" ✓ Tilt adjustment + 10 degrees / – 20 degrees ✓ Keyboard tray: 27" x 10" wide ✓ Available with or without clip on palm rest Manufactured by Ergonomic Accessories	https://chairlines.com/products/houdini-and-pu27-keyboard-tray-combo ***Please submit a work order to Campus Planning as they may have some free recycled keyboard trays at their warehouse.**

Product	Description	Information
 ISE Leader 6	single surface platform, allowing continuous same plane mousing and is designed for straight work surfaces.	https://chairlines.com/products/workrite-ise-leader-6 ***Please submit a work order to Campus Planning as they may have some free recycled keyboard trays at their warehouse.**
 ISE Leader 8	single surface platform and allows for same plane mousing and is designed for diagonal corner work surfaces.	https://chairlines.com/products/ise-leader-8?_pos=1&_sid=1ed684c20&_ss=r ***Please submit a work order to Campus Planning as they may have some free recycled keyboard trays at their warehouse.**
Sit/Stand Workstations		
 Heartwood Calypso CAL-E1-2LEG (Straight Desk) BCIT Standard	Standard BCIT height adjustable table. Sit/Stand assessments will only be completed after approval from Disability Management. There is a side return desk that goes with it: • Hardrock Maple Table Top 42"x24" • Starlight Silver four post legs	BCIT Purchasing
Anti-Fatigue Mats		
 Fellowes Anti-Fatigue Mat	24" x 36", Black Anti-fatigue mats are recommended with sit/stand tabletop accessories and height adjustable tables.	https://www.staples.ca/products/2792426-en-fellowes-anti-fatigue-wellness-mat-for-standing-desks-24-x-36-black
Footrests		

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Product	Description	Information
 Kensington Solemate Footrest	Memory foam footrest soothes tired feet and eliminates pressure points Convenient foot pedal control lets you adjust the footrest to a comfortable angle without leaving your chair Height adjusts from 3.5" to 5", angle adjusts up to 30 degrees for individual comfort Set up the footrest quickly and easily by using the SmartFit® System and your own personal comfort color Non-skid foot surface provides added control Dimensions: 4.2 x 22 x 14.1 inches	https://www.staples.ca/products/971196-en-kensington-solemate-footrest
Alternate Keyboards		
 Kinesis Freestyle 2 Keyboard with VIP3 Accessory	Separate right and left keyboard can be positioned to improve wrist and shoulder posture. VIP3 Accessory allows the keyboard to be tilted to improve forearm and wrist posture, and adds an integrated palm rest. Separate number pad also available.	https://www.kinesis-ergo.com/shop/freestyle2-vip3-accessory/ https://chairlines.com/collections/keyboards-mice/products/kinesis-freestyle-2-keyboard
 Compact Keyboard by Evoluent EVUEKB	✓ No number pad allows employees to position their mouse closer to them ✓ Ideal for mobile workers and those who use their number pad infrequently ✓ Low-profile, low-force keys ✓ Wired	https://www.staples.ca/products/2967248-en-evoluent-wired-essentials-full-featured-compact-keyboard
Alternate Mouse - Vertical		
 Adesso iMouse Vertical Mouse E10 or E1	Adesso iMouse E1 (wired) or E10 (wireless). Vertical orientation reduces strain on wrist, forearm, elbow and shoulder.	Vertical Ergonomic Illuminated Mouse - Adesso Inc ::: Your Input Device Specialist ::: https://www.adesso.com/product/imouse-e1-vertical-ergonomic-illuminated-mouse/

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Product	Description	Information
Evoluent Vertical Mouse	Regular or small size for right hand (check size chart). Regular size for left hand. Vertical orientation reduces strain on wrist, forearm, elbow and shoulder.	https://www.bestbuy.ca/en-ca/product/evoluent-vertical-mouse-4-small-with-adjustable-optical-sensor-vm4s/11681417
Logitech MX Vertical Mouse	Vertical orientation reduces strain on wrist, forearm, elbow and shoulder. Bluetooth wireless. Mac or Windows.	https://www.staples.ca/products/2907790-en-logitech-mx-vertical-ergonomic-wireless-mouse-graphite?listId=search
Logitech MX Ergo Trackball	Vertical orientation reduces strain on wrist, forearm, elbow and shoulder. Thumb trackball for navigation rather than movement of the entire mouse. USB wireless. Mac or Windows.	https://www.staples.ca/products/3111667-en-logitech-mx-ergo-s-plus-wireless-trackball-mouse-graphite?listId=search
Monitor Risers		
Fellowes Standard Monitor Riser	Stackable riser from 2" to 4"	https://chairlines.com/products/fellowes-standard-monitor-riser-1
Document Holders		

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Product	Description	Information
 3M DH640 In-Line Document Holder	• 18" wide transparent backplate, weighted base and non-slide grooved shelf with raised edge supports books, catalogs and landscape documents • Keeps your documents between the monitor and keyboard to help reduce head, neck and eye movement • Versatile angle and height adjustment for easy viewing • Designed for letter, legal and A4 sized documents • Dimensions: 11"(H) x 18"(W) x 4"(D)	https://www.staples.ca/en/3M-In-Line-Document-Holder-Large/product_972768_1-CA_1_20001
 3M Desktop Document Holder	• Keeps documents between monitor and keyboard to help reduce head, neck and eye movement • Wide, transparent backplate supports wide & heavy documents • Skid-free base • Angle and height adjustable • 14" x 12" x 3"	https://www.staples.ca/products/972767-en-3m-desktop-document-holder?listId=search
Mouse Pads and Keyboard Wrist Rest		
 Fellowes Plush Touch Wrist Rest Standard Keyboards (Model 9252102)	Padding for raised edges or postural correction for wrist extension. Helps to raise the palm and reduce the amount of wrist extension for keyboards that do not have an integrated wrist rest.	https://www.staples.ca/products/931223-en-fellowes-plush-touch-wrist-rest-black?listId=search
	Provides a smooth surface and target zone for the mouse.	https://www.staples.ca/products/382955-en-staples-mouse-pad-black?listId=search

Product	Description	Information
Staples Mouse Pad, Black		
Back rests – chair inserts		
 Obusforme Low Back Support	Provides seat back padding and support when none exists. Can be used to reduce seat pan depth on a chair that is too deep for the employee.	https://chairlines.com/collections/back-seat-supports/products/obusforme-low-back-support