

CARVED + CRAFTED

contactless
catering



CONTACTLESS CATERING | Packaging

The Packaging Approach

All menu items in the contactless catering service will be packaged individually in disposable packaging. The packaging was selected to keep foods at the proper temperatures during delivery and drop off. A complete disposables guide has been aligned for all menu items to ensure accessibility and keep costs at a minimum to remain a competitive option in the business.



Contactless Catering

**Contactless.
To keep you safe and healthy.**

**STEP 1:
Order thru *Catertrax***

**STEP 2:
Select menu items, choose
pick-up or delivery location.**

**STEP 3:
Each meal is packaged
individually. Serve and enjoy!**





All Morning
Meal items
are packaged
together.
Sandwiches
individually
wrapped.

BREAKFAST

MORNING MEALS

All prices are per person based on a minimum of 12 guests

CONTINENTAL BREAKFAST \$12.49

Assortment of mini pastries (Cals: 110-180)

Seasonal fresh fruit (Cals: 60)

Coffee (Cals: 2)

Bottled orange juice (Cals: 120)

TRADITIONAL BREAKFAST \$14.99

Cinnamon French toast (Cals: 170-240)

Scrambled eggs (Cals: 190)

Bacon (Cals: 45-70)

Seasoned breakfast potatoes (Cals: 120)

Coffee (Cals: 2)

Bottled orange juice (Cals: 120)

VEGAN BREAKFAST BOWL \$9.99

Spicy tofu breakfast bowl with kale, mushroom, tofu scramble, lemon couscous, grape tomato, scallion and avocado (Cals: 451)

HAND CRAFTED SANDWICHES

All prices are per person based on a minimum of 12 guests

TRADITIONAL BREAKFAST

Bacon and egg (Cals: 170) \$4.49

Egg and cheese (Cals: 130) \$4.49

Hot ham and cheese (Cals: 120) \$4.49

CHOOSE YOUR BREAD

Biscuit (Cals: 200)

English muffin (Cals: 130)

BREAKFAST A LA CARTE

Yogurt parfait with fresh berries and granola (Cals: 250) \$5.29

Seasonal fresh fruit cup (Cals: 60) \$5.29

BAKERY A LA CARTE

Individually wrapped.

All prices are per person based on a minimum of 12 guests

SCONE BASKET (Cals: 580) \$2.69

Cranberry, cinnamon and blueberry scones

Served with butter and assorted jams

HOUSE BAKED MUFFINS (Cals: 240) \$2.49

Banana, morning glory, caramel coffee cake,

summer fruit and chocolate chunk

FRESH BREAKFAST LOAVES (Cals: 470) \$2.69

An assortment of wholesome fresh loaf slices

ASSORTED MINI PASTRIES (Cals: 140) \$2.59

Butter and assorted jams



SNACKS + SWEETS



Personal Snack Pack
items packaged
individually and
bundled together.
Sweet Treats
individually wrapped.

PERSONAL SNACK PACKS

All prices are per person based on a minimum of 12 guests

MEZZE SPREADS

\$8.99

Served with crisp vegetables and pita chips (Cals: 50-80)

Classic chickpea hummus (Cals: 30) and baba ganoush (Cals: 50)

CHARCUTERIE BOARD

\$10.99

A selection of cured meats, cheeses, assorted nuts, dried fruits and crackers (Cals: 70-1200)

CHEESE BOARD

\$10.99

A selection of hard and soft cheeses with assorted nuts, dried fruits and crackers (Cals: 70-682)

SWEET TREATS

All prices are per person based on a minimum of 12 guests

Gourmet chocolate chunk cookie (Cals: 170-210) \$1.99

Deep Dutch brownie (Cals: 200) \$2.79

Individually wrapped granola bars (Cals: 190) \$2.79

Individually bagged chips (Cals: 130-320) \$1.99

Fresh whole fruit (Cals: 30-110) \$1.99

Fruit & nut energy bars (Cals: 110) \$3.99



BOXED LUNCHES



Complete meals
boxed individually.

BOXED LUNCHES

All prices are per person based on a minimum of 12 guests

EXPRESS BOX LUNCH

\$13.99

All sandwiches served on chef's selection of freshly-baked bread with seasonal whole fruit, potato chips and freshly-baked cookie (Cals: 490-570)

Sandwich Selections:

Bacon turkey croissant (Cals: 490)

Ham and Swiss (Cals: 590)

Roast beef and cheddar (Cals: 40)

Cookstown grilled vegetable tuna salad (Cals: 580)

Grilled chicken Madras (Cals: 730)

ARTISAN BOX LUNCH

\$15.99

All sandwiches served on chef's selection of fresh bread with fruit salad, side salad and dessert bar. (Cals: 490-570)

Sandwich Selections:

Oven roasted chicken & tomatoes (Cals: 400)

Cajun roast turkey with pepper jack, Bermuda onion and Cajun mayo (Cals: 480)

Classic Italian with pepperoni, capicola, salami and provolone with balsamic on hero (Cals: 730)

Avocado with lettuce and tomato on wheat (Cals: 450)

Farmer's lunch with roast beef, horseradish mayo, arugula and sautéed mushrooms
(Cals: 400)

Turkey bacon and ranch on wheat with pepper jack cheese (Cals: 640)

Side Salads (please select one)

House-made chips (Cals: 400)

Chickpea tomato salad (Cals: 80)

Quinoa and tabbouleh salad (Cals: 260)

Small garden salad (Cals: 40)



BOXED SALADS + BOWLS



Complete meals
boxed individually.

BOXED SALADS

All prices are per person based on a minimum of 12 guests

All salads include artisan crackers, choice of dressing and a freshly-baked cookie

Chicken Avocado Club	\$15.99
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Mesclun greens, with turkey bacon, fresh avocado, cage-free hardboiled egg, onion and house-made croutons (Cals: 450)

Blackened Chicken Caesar Salad	\$16.99
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Chopped romaine lettuce, blackened chicken, grated parmesan cheese, and house-made croutons with our traditional Caesar dressing (Cals: 430)

Traditional Chef's Salad	\$14.99
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Turkey, ham, cheddar, cage-free hardboiled egg, tomatoes, cucumbers and crisp greens with creamy buttermilk dressing (Cals: 520)

Greek Salad with Grilled Chicken	\$15.99
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Grilled chicken, tomatoes, cucumbers, kalamata olives, feta cheese, red onions and mixed greens with a red wine vinaigrette (Cals: 730)

Mediterranean Grain Salad	\$14.99
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Chickpea, bulgur, parsley, mint, green onion and tomato (Cals: 330)

BOXED BOWLS

All prices are per person based on a minimum of 12 guests

Ninja Bowl	\$12.99
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Herbed brown rice, shaved cabbage, sesame, mandarin orange and edamame (Cals: 570)

Eden Bowl	\$13.99
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Lemon turmeric quinoa, chickpea, green onion, sunflower and roasted chicken (Cals: 630)

Rebel Bowl	\$13.99
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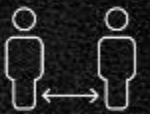
Quinoa, chipotle, chiffonade kale and lemon roasted chicken (Cals: 640)

Ninja Tofu Bowl	\$13.99
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Herbed brown rice, chili lime tofu, spinach and sesame (Cals: 680)



BOXED THEME MEALS



All meals are
packaged
individually
and served hot
in disposable
packaging.

LITTLE ITALY

All prices are per person based on a minimum of 12 guests

A garden salad with dressing is included and a freshly-baked cookie (Cals: 365)

Rustic lasagna with freshly-baked artisan garlic bread \$17.99
(Cals: 590)

Late harvest cheese tortellini with freshly-baked artisan garlic bread (Cals: 490) \$16.99

Chicken marsala with creamy polenta with freshly baked artisan garlic bread (Cals: 590) \$19.99

Chicken parmesan over a bed of penne, freshly baked artisan garlic bread (Cals: 690) \$19.99

HOME STYLE

All prices are per person based on a minimum of 12 guests

A garden salad with dressing is included and a Dutch brownie (Cals: 365)

Herb-brined turkey breast with sage gravy and garlic roasted red bliss potatoes and roasted brussels sprouts (Cals: 435) \$23.99

Herb and panko crusted salmon with garlic roasted red bliss potatoes and roasted brussels sprouts (Cals: 475) \$25.99

Light Life TM **plant-based meatloaf** with garlic roasted bliss potatoes and roasted brussels sprouts (Cals: 428) \$24.99

LIBERTY STREET BBQ

All prices are per person based on a minimum of 12 guests

Barbecue pulled pork with slider rolls (Cals: 400), macaroni and cheese (Cals: 330), barbecue baked beans (Cals: 270), cheddar jalapeno cornbread (Cals: 330) and brownie (Cals: 200) \$23.99

Buttermilk fried chicken (Cals: 500), macaroni and cheese (Cals: 330), barbecue baked beans (Cals: 270), cheddar jalapeno cornbread (Cals: 330) and brownie (Cals: 200) \$23.99

Pulled Barbecue portabella mushroom with slider rolls (Cals: 282), macaroni and cheese (Cals: 330), barbecue baked beans (Cals: 270), cheddar jalapeno cornbread (Cals: 330) and brownie (Cals: 200) \$22.99

COOKOUT

All prices are per person based on a minimum of 12 guests

Hamburger (Cals: 340) \$14.99

Light Life™ plant-based burger (Cals: 280) \$14.99

Hot dog all beef (Cals: 480) \$12.99

BBQ chicken sandwich (Cals: 630) \$14.99

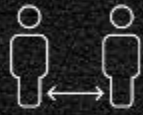
INCLUDES

Lettuce, tomatoes, pickles, onions, condiments, assorted bag of chips and freshly-baked cookie (Cals: 580-790)

Add a small garden or caesar salad for each guest add \$1.99

extra charges for BBQ rentals and labour will apply. Please ask for more details

BEVERAGES



All beverages in individual bottles for your safety.

Coffee to Go* (Cals: 2) * (10 cups). Not an individual portion	\$23.99
Tea to Go* (Hot water & Tea Selections)* (Cals: 2) * (10 cups). Not an individual portion	\$23.99
Bottled iced tea (Cals: 140)	\$3.49
Bottled soft drinks (Cals: 140)	\$2.59
Bottled water (Cals: 0)	\$2.49
Bottled sparkling water (Cals: 0)	\$3.49
Bottled sparkling water lemon (Cals: 0)	\$3.49
Bottled juice (Cals: 130)	\$2.99

POLICIES

- To ensure proper delivery/pick up time, place your orders with 72-hours notice or sooner, otherwise a \$25 dollar fee may apply.
- Napkins and disposable cutlery will be provided as needed depending on menu choice and guest count.
- Delivery will be limited to a 5 km radius off campus for a \$20 dollar fee.
- All items are packaged in disposable containers and for the individual. When possible, recyclable and compostable packaging and flatware will be made available.
- Please let us know if any of your guests have food allergies and/or dietary restrictions; we are happy to accommodate.
- Sanitation and safety is of our utmost importance. Please see all labels for quality assurance and temperature on all menu selections that need refrigeration and heating.
- Set up and Cleaning fees may apply, please ask us for more details.

STEP 1: ORDER THRU CATERTRAX OR CAFÉ MANAGER **STEP 2:** SELECT MENU ITEMS + SET PICK UP OR DELIVERY LOCATION **STEP 3:** SERVE + ENJOY. EVERYTHING IS PACKAGED FOR THE INDIVIDUAL

THANK YOU



Served Safely.

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