

# BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

3700 Willingdon Avenue Burnaby, British Columbia Canada V5G 3H2

## **COUNSELLING AND STUDENT DEVELOPMENT**

MASTER'S LEVEL COUNSELLING PSYCHOLOGY PRACTICUM

#### bcit.ca

#### PLACEMENT DESCRIPTION

BCIT's Counselling and Student Development department welcomes your application for a Master's level practicum position at its Burnaby campus. The placement will be from September through April and will be three days per week from 8:30 am to 4:30 pm.

The placement will provide the comprehensive training and experience necessary for counsellors interested in practicing in post-secondary student counselling or related settings. By completing your practicum at BCIT you can expect a broad range of experiences, a diversity of clients and presenting concerns, a young-adult to adult-aged client population, flexibility to your theoretical orientation and intervention approaches, opportunities for longer-term counselling with some clients, and confidence in being able to fulfil your required practicum hours. This placement also offers the opportunity to work with a collaborative, experienced, and well-organized department of professionals and to benefit from the highly skilled educational community unique to BCIT.

BCIT's Counselling and Student Development department offers individual counselling and some group counselling to all enrolled full- and part-time BCIT students. We also provide psychoeducational workshops throughout the campus community to students, staff, and faculty. Our services are co-located with BCIT's Student Health Services, which operates as a medical clinic with nurses, doctors, and a part-time psychiatrist. Cross-referrals are common between the two departments.

As a BCIT practicum counsellor, your typical weekly activities will likely include:

- Direct client contact including but not limited to individual counselling, (co-)facilitating workshops and groups, participation in crisis and critical incident protocols if they arise, and outreach activities
- Professional activities including but not limited to clinical preparation, workshop/group preparation, case note writing, video-recording review, professional reading and development, and other counsellor activities
- Supervision activities including but not limited to individual supervision, case consultation, conferring with other professionals, supervision of group (co-) facilitation activities, goal setting, and planning/evaluation sessions

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## Applicants must:

- Be currently enrolled in a Master's level counsellor-training program
- Have the approval of their graduate supervisor to apply
- Be committed to the BCIT practicum schedule
- Be committed to maintaining the ethical and professional standards and guidelines of the British Columbia Association of Clinical Counsellors or equivalent
- Demonstrate mastery of basic counselling skills
- Have completed a supervised training clinic (preferred)

### Application packages must include a:

- Current résumé
- One-page letter of intent outlining the training you expect from BCIT, your professional objectives for the placement, how this placement fits in with your career goals, and the skills and qualities you will bring to the position
- 15-minute video of a continuous section from a mock initial counselling session that demonstrates your abilities to form a counselling relationship, implement basic counselling skills, and develop clear goals for counselling. (Please submit the video in wmv, mov, or mp4 format on a USB stick.)
- Copy of the written agreement with the mock client consenting to the video being shown as part of this application process
- One letter of recommendation from an academic supervisor and one from a clinical supervisor
- Current criminal record check

#### APPLICATION SUBMISSION

Submit completed application packages to:

Alayna Kruger, MA RCC Counselling and Student Development British Columbia Institute of Technology SE16128 – 3700 Willingdon Avenue Burnaby, BC, V5G 3H2

Applications will be accepted through February 28 of the year in which the practicum begins.

Selected candidates will be contacted and invited for an interview.

For more information, please contact Alayna Kruger at 604-432-8608.

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