

BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

3700 Willingdon Avenue Burnaby, British Columbia Canada V5G 3H2

bcit.ca

BCIT Counselling & Student Development

COUNSELLING PRACTICUM PLACEMENTS (2026–2027)

ABOUT BCIT COUNSELLING & STUDENT DEVELOPMENT

BCIT Counselling and Student Development (CSD) is a dedicated student support service offering individual counselling, group counselling, and psychoeducational workshops to all enrolled full- and part-time BCIT students. Our team is composed of five professional counsellors with diverse training backgrounds, united by a commitment to supporting students' personal, academic, and career development.

BCIT CSD is co-located with BCIT Student Health Services – a medical clinic with physicians, nurses, and a part-time psychiatrist. Our proximity enables timely referrals, coordinated support when appropriate, and opportunities for professional consultation.

BCIT's student population is highly diverse, spanning certificate, diploma, and degree programs and representing a wide range of cultural backgrounds and life experiences. BCIT is consistently ranked among Canada's leading polytechnic institutions, recognized for its applied-learning model and close connection to industry. Practicum counsellors benefit from this dynamic, fast-paced environment while contributing meaningfully to the well-being and success of BCIT students.

ABOUT THE PRACTICUM

This practicum provides comprehensive training for Master's-level students preparing for careers in post-secondary counselling. You will work with diverse young adult and adult clients on a wide range of presenting concerns (e.g., anxiety, depression, relationship stress, trauma, neurodiversity) while applying your developing theoretical orientation. Your growth is supported by regular individual and group supervision, video-based feedback, and a collegial team culture.

Commitment: 3 days/week (8:30 am – 4:30 pm), specific days to be determined.

Duration: Late August 2026 – April 2027

Setting: BCIT Counselling & Student Development, Burnaby Campus, SE16-128

PRACTICUM COUNSELLOR ACTIVITIES

Practicum counsellors at BCIT can expect a balanced mix of direct client work, professional development, and supervision. Typical weekly activities may include:

- Direct client contact: providing individual counselling; co-facilitating workshops and groups; participating in crisis and critical-incident response (as needed); and engaging in outreach activities.
- **Professional activities**: completing case notes; preparing for counselling sessions, workshops, and groups; reviewing video recordings; professional reading and development; and engaging in the BC Post-Secondary Counsellors' Association (BCPSCA) activities, which offers valuable conference and networking opportunities (www.bcpsca.com).
- **Supervision**: attending weekly individual supervision (1–2 hours/week); participating in bi-weekly group supervision and case consultations; engaging in co-counselling and observation opportunities; and developing a learning plan with goals reviewed at mid-term and final evaluations.

COMPETENCIES YOU'LL DEVELOP

Through your practicum at BCIT, you will strengthen both your clinical skills and your professional identity as a developing counsellor. The placement is designed to help you grow in areas such as:

- Ethical practice aligned with CCPA/BCACC standards and campus policies.
- Clear case understanding through conceptualization, formulation, and goal setting.
- Neurodiversity-affirming, trauma-informed, and culturally responsive care.
- Professional writing including case notes, brief letters, and workshop materials.
- Reflective practice supported by structured video review and supervisor feedback.

These competencies are intended to prepare you for the realities of professional counselling practice and to support your transition into future roles within post-secondary and community settings.

APPLICANT REQUIREMENTS

We welcome applications from graduate students who are eager to deepen their skills in a post-secondary counselling setting. To be considered, applicants should demonstrate:

- Enrollment in a Master's-level counsellor-training program, with approval from their graduate supervisor.
- Commitment to the practicum schedule (three days per week, late August through April).
- Adherence to the ethical and professional standards of the CCPA and/or BCACC (or equivalent)
- Demonstrated mastery of foundational counselling skills.
- Completion of a supervised training clinic (preferred).

Beyond these requirements, we value applicants who show curiosity, openness to feedback, and a strong commitment to reflective practice and professional growth.

APPLICATION PACKAGE (SINGLE COLLATED PDF)

All applicants are required to submit the following application items in one email or one email package:

- 1. **One-page letter of intent:** outlining the activities you hope to engage in during the practicum placement, the training and learning you are seeking from BCIT, your professional objectives and career goals, and the skills and qualities you would bring to the role.
- 2. Current résumé
- 3. **Two letters of recommendation:** one clinical supervisor & one academic supervisor/advisor; References should speak to your readiness for practicum, your strengths as a developing counsellor, and your suitability for a placement in a post-secondary setting.
- 4. **Mock counselling session video (15-20 minutes):** Please include a continuous video segment, audio intelligible, camera angle stable, from a mock initial counselling session with a volunteer client. Assume in the mock session that you have already reviewed consent, are generally aware of the volunteer client's presenting issues and concerns, and that the volunteer client has signed off on any relevant paperwork.

Your video should focus on:

- Building the counselling relationship and establishing rapport
- Using foundational counselling skills and interventions
- Beginning to shape and clarify goals for the work together
- Demonstrating session structure and presence

We know that recording a mock counselling session can feel vulnerable. Please know that we are not looking for perfection. The purpose of this video is to get a sense of your relational style, presence, and use of foundational counselling skills — wherever you are in your development.

Your video will be viewed only by our practicum coordinators for the purposes of this application/interview process and will not be used for any other reason. We ask that you use a volunteer client who has given informed consent to participate in a mock session. Please also keep your video simple: it does not need to be high quality or professionally produced.

- 5. **Mock client signed consent form**: using a consent form of your choosing, please include a signed letter of consent indicating that your volunteer client has given you permission for the mock counselling session to be reviewed for the purposes of our interview process.
- 6. Accepted applicants are expected to submit a current and cleared criminal records check prior to the start of the practicum.

APPLICATION SUBMISSION DETAILS

Please submit your complete application as **one collated PDF**. Email the package to **kkonieczny@bcit.ca** (cc: **raymond_devries@bcit.ca**) with the subject line: *BCIT Counselling Practicum 2026–2027 – <Your Name>*. Name your file: *LastName_FirstName_BCIT_Practicum_2026-27.pdf*.

For the mock counselling video, the preferred submission is a secure private streaming link (Zoom, OneDrive/Google Drive) included in your PDF, with sharing permissions enabled, no downloads required. If providing a link is not possible, you may instead mail an unlocked, non-encrypted USB memory stick containing the recording in a MP4/MOV format. Please note that the USB stick will not be returned. In either case, include a copy of your mock client's signed consent form—either as a PDF in your application package or as a document accompanying the USB.

We encourage applications from candidates who are Indigenous, Black, racialized, LGBTQ2S+, disabled, and/or from other under-represented groups. We are committed to accessible supervision and will collaborate on reasonable accommodations in partnership with your graduate program.

SELECTION PROCESS & TIMELINE

- Application deadline: Friday, January 30, 2026 (end of day). Applications remain open until filled.
- Interviews: Early—mid February (virtual), offers made thereafter.
- Onboarding & clearances: March–July (signing agreements, half-day orientation).
- Start date: Late August 2026 (exact date confirmed in offer).

QUESTIONS?

• We're happy to connect about our program, supervision, and training outcomes. Email Kristin Konieczny (kkonieczny@bcit.ca) with your questions or for more information.

Mailing (USB only, if required)

ATTN: Kristin Konieczny – Counselling & Student Development British Columbia Institute of Technology (BCIT) SE-16, Room 128-B 3700 Willingdon Avenue Burnaby, BC V5G 3H2, Canada

Tip: Email Kristin before mailing to confirm receipt logistics and include your tracking number in your application PDF.