**Wednesday, April 24th**

- Doggy De-Stress - 11 - 12:30 - main floor of Burnaby Campus Library
- Paint Party - 12:00 - 3:00 pm - main floor of Burnaby Campus Library
- Exam Preparation - 12:30 - 1:00 pm - Writing Centre, room 207
- Time Management - 1 - 1:30 pm - Writing Centre, room 207
- Mindfulness Meditation - 2:30 - 3:00 - Room 303

**Thursday, May 2nd**

- Punch Away Your Stress - Introductory Boxing class - 12:00 - 1:00 pm - Rec Centre
- Paint Party - 12:00 - 3:00 pm - main floor of Burnaby Campus Library
- Any Book Book Club - 12:30 - 1:30 - main floor of Burnaby Campus Library
- Happiness Skills & Purpose for Exams and Life - 1:30 - 2:15 - Summit Centre, Burnaby Campus Library

**Tuesday, May 7th**

- Breakfast Club - 8:00 am - 10:00 am - main floor, Burnaby Campus Library; just outside MediaWorks
- Guichon Creek Walk, 10:00 - 11:00 am - meet at the corner of Canada Way and Willingdon
- Knit/Crochet a Square for Charity - noon - 1:30 pm - main floor of Burnaby Campus Library
- Make a button - noon - 3:00 pm - main floor of Burnaby Campus Library
- Guichon Creek Walk, 2:00 - 3:00 pm - meet at the corner of Canada Way and Willingdon

**Wednesday, May 8th**

- EFT Tapping - 12:00 - 12:30 - main floor of Burnaby Campus Library
- Play with Clay - 12:00 - 3:00 pm - main floor of Burnaby Campus Library
- Exam Preparation - 12:30 - 1:00 pm - Writing Centre, room 207
- Time Management - 1 - 1:30 pm - Writing Centre, room 207