



Dear BCIT Learner:

Thank you for signing up for the Introduction to Managing Kidney Health workshop. Before you arrive there are some details that you will need to know.

Location

The workshop will take place in building SE2 (South East 2), rooms Town Square A/B of BCIT's Burnaby campus, located at 3700 Willingdon Ave. For a map of the location, please click on the following link:

<http://www.bcit.ca/map/>

Getting Here

This location is accessible via car and Skytrain and bus. We are located approximately one block south of Highway 1, on the southeast corner of Willingdon and Canada Way. If you are driving, student parking is available for a small fee. For more information on parking, please visit:

<http://www.bcit.ca/parking/campus/bby.shtml>

If you are coming via transit from the North, the most convenient way is to take the Skytrain to Brentwood station and take either the 25 or 130 bus south, to Goard Way. Exit the bus at the Goard way stop, cross the street and you will be on BCIT's Burnaby campus.

If you are coming from the south, please go to Metrotown Station. Take the 130 bus from Bay 4. Get off at Goard Way. You will exit onto BCIT's Burnaby Campus.

Please note that the interactive map link above can help you locate SE2 on campus. Alternatively, you can download a PDF copy of a campus map here:

<http://www.bcit.ca/files/about/pdf/bcitmap.pdf>

Start Time

The workshop begins promptly at **7:55am**. Please ensure that you are there no later than **7:25am** for a speedy registration.

Lunch and Snacks

Town Square A/B is conveniently located next to the Rix Cafe, for easy access to coffee and snacks. A short walk down the corridor is BCIT's main dining hall, which serves a variety of cuisines daily.

Schedule

A full schedule, detailing all of the day's topics and activities has been attached below. It is a full-day curriculum, so **please ensure that you are here at 7:25am promptly.**



1-Day Renal Workshop Topic Outline

| Time | Topic | Facilitator |
|-------------|--|-----------------------------|
| 0730-0755 | Sign in | |
| 0755-0805 | Introduction | Leigh White |
| 0805-0850 | Healthy Kidney Function | Leigh White |
| 0850-0945 | Causes of Renal Disease | Leigh White |
| 0945-1000 | Break | |
| 1000-1030 | Impact of Impaired Kidney Function | Leigh White |
| 1030-1125 | Renal Assessment and the Impact of Key Co-morbidities | Leigh White |
| 1125-1200 | Renal Replacement Options | Leigh White |
| 1200-1245 | Lunch Break | |
| 1245-1315 | Dialysis Accesses | Leigh White |
| 1315-1515 | Renal Medications and Related Renal Diet Considerations | Anar Dossa BScPharm, CDE |
| 1515-1530 | Break | |
| 1530-1630 | Chronic Disease Management Goals/strategies for renal community | Leigh White |
| 1600-1615 | Summary | Leigh White |
| 1615-1630 | Closing | Leigh White |