

**STUDENT RESOURCE LIST FOR THE CNST 1100
CONSTRUCTION SAFETY OFFICER TRAINING - BCIT**

The following materials are **mandatory** and are available at the BCIT bookstore. You can check for availability, purchase on campus or order online for shipping. The website address is www.bcitbookstore.ca and the phone number is 604-432-8379 or toll free within Canada: 877-333-8379:

Mandatory Books: Items in red are the most important for the pre-reading component. Students need to be familiar with organization and layout of the Workers Compensation Act and the Regulations in order to find information quickly. Please study and be familiar with the IPT Safety Manual and the Course Manual and CD with Worksafe Guidelines and Policies before the course start date. Remaining material can be read if possible before start of class.

- Worker compensation Act, 100+ pages - \$18.50
- Occupational Health and Safety regulation, 100+ pages - \$53.95
- IPT's Safety First Training manual - \$40.95 (for classes starting after June 1st, 2012 this book is no longer required)
- CNST 1100 Course Manual - \$19.50
- Worksafe/WHMIS at Work - \$6.95

Total Book cost – approx. **\$139.85** (5% tax and any shipping charges are extra)

Please note: prices can change. Recent changes, if any, can be found on the BCIT Bookstore website (address above) listed by course title, CNST 1100.

- USB stick. We will load your memory stick with valuable documents, manuals and information to use in your new career as a CSO. This is excellent resource material you don't want to miss. Does not require a lot of memory (1 GB is adequate)
- 2- 2 " binder plus a 1" binder for extra printed material

Please note that computers/laptops are not used in this course. Students are welcome to bring their own to use on breaks or before/after class but they are not be used in class.

Optional Books: (not used in the course, but valuable resource material on the worksite)

- Traffic control manual for work on the roadways, can be purchased for \$88.95 or downloaded free from http://www.th.gov.bc.ca/publications/eng_publications/TCM/Traffic_Control_Manual.htm
- IPT's Crane and Rigging training manual - \$40.95
- CSAO/Trenching Safety Manual – can be downloaded at http://www.csao.org/images/pfiles/27_M026.pdf
- CD: OHS Regulations and Related Material: contains the latest updates to the Regulation, related policies, guidelines, and WCB standards \$3.95

Student **MUST** be prepared with the following items for field trips:

- CSA approved steel toed boots. Well maintained and in good conditions.
- CSA hardhat, safety glasses & gloves. CSA hard hat **MUST** be less than 5 years old.
- CSA high vis safety vest, and appropriate outdoor clothing for field trips.

Equipment will be inspected by the instructor, no student will be allowed on site visit with unsuitable equipment. An option for students needing to purchase any of these items, contact Darin or Joe at Hazmasters at (604) 968-5975 and tell them you are a BCIT student to receive a discount on the cost.

For further reference, electronic download available from the Construction Safety Association of Ontario www.csao.org :

Additional Safety Tips poster and cards, Hazard alert and various other documents are available on CANADIAN Health & Safety website.

*CSOs **MUST** be capable of downloading or researching on the internet and capable with email.